



<u>Cobblestone Medicine and Rehab</u> Baseline - ImPACT Concussion Testing

Our Club have been proactive in dealing with the issue of concussions in our sport. We have recently entered into a partnership with Dr. Tyler Fletcher from Cobblestone Medicine and Rehab in the Paris/Brantford area to provide the <a href="Impact: Impact: Impact

The ImPACT Concussion Test was developed in the 1990's to provides useful information to assist qualified practitioners in making sound return to play decisions following possible concussions and is the most-widely used, most scientifically validated computerized concussion evaluation system on the market.

ImPACT has been implemented effectively across high school, collegiate, and professional levels of sport participation ion and is now part of our club. The test takes approximately 20 minutes to complete and measures multiple aspects of cognitive functioning in athletes, including:

- Attention span
- Working memory (Both Verbal and Visual)
- Sustained and selective attention time
- Response variability
- Non-verbal problem solving
- Reaction time

Once the test is completed, it will act as a baseline to compare results of additional tests in the event a player suffers a possible concussion or head trauma.

The cost for the test is ONLY \$20.00 and our club strongly recommends that all players should consider taking the test PRIOR to starting the season. Once players pay the initial testing cost, all further Impact concussion testing fees are paid by the clinic.

For more information, regarding the ImPACT Concussion testing or rehabilitation, please contact Dr. Tyler Fletcher directly at:

Clinic: (519)-442-2237

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